

# Online Safety Guide for Parents

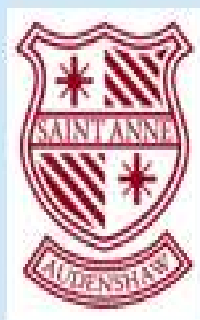
This information sheet is a guide to children's online safety for parents with top tips and issues to discuss with your child.

## E-safety at home

As a parent or carer, you will know how important the internet is to children - they use it to learn, play, socialise and express themselves. It's a highly creative place of amazing opportunities.



However, the technology children use every day can seem daunting and you might worry about the risks your child can face online - such as bullying, contact from strangers or the possibility of them seeing illegal or inappropriate content.



## Top Tips for parents

- Technology is constantly changing and young people are continually learning – keep up to date on the latest development so you know about the risks.
- Online safety applies to all types of devices – PCs, laptops, tablets, smartphones, e-readers and online gaming.
- As technology becomes more portable, set guidelines for where your child could/should use their device.
- Treat online safety in the same way that you would treat offline safety, such as stranger danger, crossing the road etc
- Make sure you set up your internet security so children cannot access websites with adult and/or inappropriate content
- Don't write anything online that you wouldn't say in person (and with an adult present in the room!). Comments on social media and/or public web pages/forums could reflect badly on your child.
- Check out IT policies, particularly the online safety policy issued by your child's school and adhere to it.