



ST ANNE'S RC PRIMARY AND NURSERY SCHOOL

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RSE Intent

RSE Intent:

Relationship and Sex Education is based on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults. This starts with pupils being taught about what a relationship is, what friendship is, what family means and who the people are who can support them.

From the beginning of primary school, building on early education, pupils are taught how to take turns, how to treat each other with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and the concept of personal privacy.

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children have been taught Relationships and Health Education. This is in line with the DfE and our Catholic values. This subject is designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life.

Implementation:

We deliver 'Life to the full' from Ten: Ten (a scheme of work in Relationships and Sex Education for Catholic Primary Schools) which embraces and fulfils the statutory curriculum. Our curriculum is taught with a spiral approach to learning, in which pupils will revisit the same topics at an age-appropriate stage throughout their school life. The programme includes teaching about personal

health, physical and emotional well-being, strong emotions, private parts of the body, personal relationships, family structures, trusted adults, growing bodies, puberty, periods, life cycles, the dangers of social media, where babies come from, an understanding of the Common Good and living in the wider world.

The entire teaching is underpinned with a religious understanding that our deepest identity is as a child of God- created, chosen, and loved by God. The programme is fully inclusive of all pupils and their families.

From Reception, teachers talk explicitly about the features of healthy friendships, family relationships and other relationships which young children are likely to encounter. In drawing attention to these in a range of contexts we enable pupils to form a strong early understanding of the features of relationships that are likely to lead to happiness and security. This will also help them to recognise any less positive relationships when they encounter them.

Teaching about families requires sensitive and well-judged teaching based on knowledge of pupils and their circumstances. Families of many forms provide a nurturing environment for children. Care is taken to ensure that there is no stigmatisation of children based on their home circumstances and needs, and we are sensitive that some children may have a different structure of support around them; for example, looked after children or young carers.

Alongside understanding the importance of self-respect and self-worth, pupils will develop personal attributes including honesty, integrity, courage, humility, kindness, generosity, trustworthiness and a sense of justice.

Impact:

The impact of our curriculum offer will be that the standards of attainment across the school will meet or exceed those which are expected of our children nationally. We continuously assess the implementation and impact of our RSE curriculum in order to achieve the highest outcomes possible across all year groups and ensure we provide the support that is necessary for all children to have a good understanding of the complexities of relationships and sexual matters and a secure knowledge and skills base to navigate their way through these, now and in the future. Through our RSE curriculum, we believe we can enhance children's education and help them to become confident individuals who have positive body awareness, an in-depth knowledge of how to keep themselves safe and healthy and who will, through respect, tolerance and understanding, forge and maintain positive relationships with a diverse range of family and friendship groups.