#### Free school meals for all children in reception, year 1 & 2

All children in reception and years 1 and 2 are entitled to free meals as part of the Government's new Universal Infant Free School Meal, This is worth up to £418 per year per child - please talk to your child's school for more details.

#### Can I claim free school meals for my older children?

YES! If you receive specific benefits or have a household income below the Government threshold, register your entitlement on the Government website. A full list of free school meal entitlement can be found at:

www.gov.uk/apply-free-school-meals

## **Special diets and allergies**

Any pupil that has a special dietary requirements or with a medically diagnosed food intolerance or allergy, please contact your school admin office immediately. It is our policy to provide a catering service for all pupils with medically-diagnosed food allergies, food intolerances or a medical condition which affects their eating.

### Food miles...

We are actively reducing our carbon footprint and we are proud to be using local suppliers to cut down on our food miles. We always consider where the food we put on the plates comes from and how it was produced.



# Special theme days

Look out for our special menus throughout the year, multi-cultural celebrations, national days and events, and menus to link in with the curriculum.





Tameside Metropolitan Borough Tameside school lunches





# Autumn and winter 2023

We are committed to educating, promoting and encouraging the benefits of a healthy, nutritious balanced diet now and the future. The UK School Foods Standards covers all food served within the school day. All our meals are freshly prepared on site daily by our dedicated catering team.



AVAILABLE DAILY - Assorted yogurts, chopped fresh fruit, fresh wholemeal bread, salad pots and lots of fresh water. ALLERGY ADVICE - All our food is prepared in a kitchen where traces of nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. (V) Suitable for vegetarian or vegetarian option available. Our fish and chicken dishes may contain bones. All items on the menu are subject to availability and may be changed without prior notice to a suitable alternative. "Any FISH we serve will vary depending on availability. We only select FISH from sustainable sources.



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