

St Anne's R.C.
Nursery and Primary School
PSHE Policy 2025-26

“To help every person here to **achieve** his or her best in **work** and in **play**. To **celebrate** whatever is **good** and to **follow** in the footsteps of **Jesus** by supporting and forgiving each other, For the honour and glory of God.”



Intent:

Why our PSHE curriculum looks like this:

St Anne's R.C Primary School is committed to providing a P.S.H.E education that supports the growth and development of all our children to enable them to thrive in a modern society.

We believe that P.S.H.E is an integral part of education and our school's core values. These values are embedded into our curriculum and lived each day throughout our school. Our school promotes a culture of positive reinforcements to support behaviour. Our P.S.H.E curriculum aligns with our school rules: 'Be Responsible, Be Respectful, Be Ready to Learn'.

These rules are understood and embraced by our children; they are where our P.S.H.E journey begins.

The physical and emotional well-being of all our children is paramount. We commit ourselves, in partnership with parents, to provide our children with a P.S.H.E education that is compatible with the physical, cognitive, psychological, and spiritual maturity of each individual child.

Implementation:

How PSHE is taught at St Anne's R.C Primary School:

As a school, we follow the 'Jigsaw' scheme of work in addition to the 'Life to the Full' programme from Ten:Ten.

The knowledge and experience of our children is enhanced further through a plethora of additional opportunities, access to extra-curricular activities and the inclusion in an array of events throughout the year. This includes assemblies, after school clubs, guest speakers and school trips.

The P.S.H.E curriculum is split into 6 core units:

- Being Me in My World
- Celebrating Difference
- Dreams and Goals
- Health Me (includes drugs, alcohol and tobacco)
- Relationships (includes menstruation at Year 6)
- Ten:Ten resources- Created and loved by God (includes sex education at Year 6)

The viewpoints of our children are of the utmost importance to us and therefore, we have adopted a 'no-marking' policy within our P.S.H.E curriculum. This ensures that children's feelings and emotions are respected and valued. This allows children to be expressive within their work whilst understanding that these will always be viewed by teachers.

P.S.H.E is an important part of school assemblies and collective worship where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.

Impact

What we hope to achieve:

A class floor book is used in all year groups, to record children's responses to lessons and progress in P.S.H.E sessions.

Additionally, in KS2 the children have individual P.S.H.E folders to store any work carried out. Children will use the resources to record their responses in a more reflective/personal way.

Assessments will be undertaken throughout the year, at the conclusion of each unit of work. Teachers used their knowledge of the individual child to make judgments. Assessment will be monitored by our P.S.H.E lead and supported with teacher discussions. By the time children leave St Anne's R.C Primary School, we aim for them to have developed respect or the dignity of every human being, in their own self and in others.

We aim to develop the following personal and social skills:

- Making sound judgements and good choices which have integrity, and are respectful • Loving and being loved, and the ability to form friendships and loving, stable relationships free from exploitation, abuse and bullying;
- Managing emotions within relationships, and when relationships break down, with confidence, sensitivity and dignity;
- Managing conflict positively, recognising the value of difference;
- Cultivating humility, mercy and compassion, learning to forgive and be forgiven; • Developing self-esteem and confidence, demonstrating self-respect and empathy for others;
- Building resilience and the ability to resist unwanted pressures, recognising the influence and impact of the media, internet and peer groups and so developing the ability to assess pressures and respond appropriately;
- Assessing risks and managing behaviours in order to minimise the risk to health and personal integrity.
- To understand the physical and psychological changes that accompany puberty including menstruation.
- To understand the process of reproduction within a committed, loving relationship.

