



ST ANNE'S RC PRIMARY SCHOOL

Physical Education (PE) Policy 2026-2027



Physical Education at St Anne's Roman Catholic Primary School

At St Anne's Catholic Primary School, we recognise the vital role that Physical Education (PE) plays in developing the whole child. PE is an essential part of our curriculum and contributes significantly to pupils' physical, social, emotional and mental wellbeing. We are committed to ensuring that every child has the opportunity to participate fully in high-quality physical education, school sport and physical activity regardless of ability or background.

Our PE curriculum aims to develop children's physical competence, confidence and resilience while inspiring a lifelong enjoyment of sport and physical activity. Through engaging, inclusive and challenging lessons, children develop the knowledge, skills and understanding required to lead healthy, active lifestyles both now and in the future.

We believe that PE promotes our school values by encouraging teamwork, respect, determination, honesty and perseverance. Children are encouraged to challenge themselves, celebrate personal achievements and develop positive attitudes towards competition, cooperation and healthy living.

Aims

In line with the National Curriculum, our PE curriculum aims to ensure that all pupils:

- Develop competence and confidence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lifestyles.
- Develop fundamental movement skills that underpin participation in a wide range of sports and physical activities.
- Improve physical fitness, coordination, balance, agility and flexibility.

- Build resilience, determination, leadership and communication skills through individual and team activities.
- Understand the importance of physical activity for both physical and mental wellbeing.
- Demonstrate respect, fair play and sportsmanship in all aspects of PE and school sport.

Intent

Our curriculum is designed to ensure all children:

- Experience a broad and balanced range of physical activities.
- Develop progressively across all areas of physical education.
- Build confidence regardless of starting point or ability.
- Have opportunities to represent the school in competitive sport.
- Understand how physical activity contributes to healthy lifestyles.
- Leave St Anne's equipped with the skills, knowledge and motivation to continue participating in sport and physical activity throughout their lives.

Teaching and Learning

At St Anne's, PE lessons are planned using the Get Set 4 PE scheme of work. This provides a carefully sequenced curriculum that aligns with the National Curriculum and supports our whole-child approach to physical education.

The scheme ensures clear progression in knowledge, skills and vocabulary from Early Years through to Year 6. Children revisit and build upon previously taught skills, allowing them to become increasingly confident and competent performers.

Lessons are carefully structured to provide:

- Clear learning objectives.
- Progressive skill development.
- Opportunities for individual, paired and team activities.
- Differentiated tasks to support all learners.
- Challenge for higher attaining pupils.
- Regular opportunities for self and peer assessment.
- Reflection on personal performance and improvement.

Children are encouraged to think strategically, solve problems, evaluate performances and demonstrate resilience when learning new skills.

Teachers create a positive learning environment where children feel safe to take risks, develop confidence and celebrate success.

Curriculum Organisation

Our long-term curriculum map outlines the sports and activities taught across each year group to ensure breadth and progression throughout each Key Stage.

The PE Subject Leader works alongside the Senior Leadership Team to design a curriculum that is ambitious, engaging and fully inclusive.

Medium-term planning provides:

- Learning outcomes for each unit.
- National Curriculum links.
- Key vocabulary.
- Assessment opportunities.
- Progressive skills development.
- Cross-curricular links where appropriate.

Short-term planning ensures lessons are adapted to meet the needs of all learners and allows teachers flexibility to respond to children's progress.

The curriculum includes a wide variety of activities including:

- Fundamental Movement Skills
- Gymnastics
- Dance
- Athletics
- Games
- Net and Wall Games
- Striking and Fielding
- Invasion Games

- Outdoor Adventurous Activities
- Swimming (Key Stage 2)

Early Years Foundation Stage (EYFS)

Physical Development is one of the Prime Areas of Learning within the Early Years Foundation Stage.

At St Anne's, we provide a rich range of opportunities that enable children to develop both gross and fine motor skills through structured teaching and child-initiated play.

Children are encouraged to:

- Develop confidence in movement.
- Improve balance, coordination and agility.
- Develop spatial awareness.
- Use equipment safely.
- Build strength, control and body awareness.
- Work cooperatively with others.

Daily opportunities for indoor and outdoor physical activity support children's development and prepare them for future learning in Key Stage 1.

Planning reflects the Early Learning Goals and Development Matters guidance.

Inclusion

At St Anne's we believe PE is for everyone. All children are encouraged and supported to participate fully in PE lessons regardless of ability, gender, ethnicity or additional needs.

Teachers adapt activities through:

- Appropriate differentiation.
- Modified equipment.
- Alternative tasks.
- Additional adult support where appropriate.
- Personalised targets.

Children with Special Educational Needs and Disabilities (SEND) are fully included and supported to achieve success and develop confidence.

Assessment

Assessment is ongoing throughout each lesson.

Teachers assess children's learning by:

- Observing performance.
- Questioning pupils.
- Peer and self-assessment.

- Assessing against National Curriculum objectives.
- Recording attainment using the Get Set 4 PE assessment software.

Assessment information is used to:

- Inform future planning.
- Identify children requiring support or additional challenge.
- Monitor progress across year groups.
- Report attainment to parents.
- Teachers are supported through:
 - Progression of Skills documents.
 - Knowledge organisers.
 - Progression ladders.
- Assessment guidance provided through Get Set 4 PE.

We have clear expectations of what pupils should know, understand and be able to do at the end of each Key Stage.

Competitive Sport and Enrichment

We believe that competitive sport plays an important role in developing resilience, teamwork, confidence and sportsmanship.

St Anne's is proud to be an active member of the Tameside Catholic Schools Sports Association (TCSSA) and the Tameside Schools Sports Partnership (Tameside SSP), providing our pupils with numerous opportunities to participate in a wide range of sporting festivals, competitions and events throughout the academic year.

Our pupils regularly represent the school in activities including:

- Football
- Netball
- Athletics
- Cross Country
- Dodgeball
- Rounders
- Multi-skills festivals
- Inclusive sports events

Participation enables children to compete against pupils from other schools, experience new sports and develop confidence through competitive and non-competitive sporting opportunities.

Within school, we organise a range of intra-school competitions, allowing children to compete within their own classes and houses, as well as inter-school competitions through our partnerships with local schools and sporting organisations.

These opportunities ensure that every child experiences the excitement of competition while developing respect, teamwork and resilience.

School Games Mark

St Anne's is extremely proud to have achieved the Gold School Games Mark and upheld this level over the last 3 years, recognising our ongoing commitment to providing high-quality physical education, school sport and physical activity.

Extra-Curricular Provision

We believe learning extends beyond the classroom.

Throughout the year we provide a wide variety of extra-curricular sporting clubs led by school staff and qualified coaches. These clubs enhance children's enjoyment of physical activity while providing opportunities to develop skills beyond curriculum lessons.

Clubs may include:

- Football
- Netball
- Dance
- Gymnastics
- Athletics
- Cricket
- Multi-skills
- Dodgeball

- Running Club

Our extra-curricular programme is reviewed regularly to ensure it reflects pupils' interests and promotes participation across all year groups.

Swimming

In accordance with the National Curriculum, pupils receive swimming instruction during Key Stage 2. Our Year 5 children attend a block of swimming lessons in the Summer Term and any who do not meet the expected standard will re-attend in Year 5.

Our aim is for pupils to:

- Swim competently, confidently and proficiently over at least 25 metres.
- Use a range of strokes effectively.
- Perform safe self-rescue in different water-based situations.

Monitoring and Evaluation

The PE Subject Leader is responsible for leading and developing the subject throughout the school.

This includes:

- Supporting colleagues with planning, teaching and assessment.
- Monitoring teaching and learning.
- Conducting lesson observations.

- Reviewing planning and assessment.
- Gathering pupil voice.
- Collecting staff feedback.
- Auditing resources.
- Monitoring participation in clubs and competitions.
- Reviewing curriculum impact and attainment.
- Developing the School Improvement Plan for PE.

The Subject Leader works alongside the Senior Leadership Team to ensure consistently high standards across the school.

Health and Safety

The safety and wellbeing of our pupils is paramount.

All staff are responsible for ensuring PE lessons are delivered safely and that appropriate risk assessments are followed.

Staff ensure:

- Equipment is checked regularly through external inspection.
- Activities are appropriate for children's age and ability.
- Safe working practices are followed.
- Appropriate clothing and footwear are worn.
- Jewellery is removed or appropriately covered in line with school policy.

- Medical information is considered before lessons.

Impact

By the time pupils leave St Anne's Roman Catholic Primary School they will:

- Demonstrate confidence across a broad range of physical activities.
- Show resilience and determination when faced with challenge.
- Understand the importance of maintaining healthy lifestyles.
- Work cooperatively and respectfully with others.
- Compete with honesty, fairness and sportsmanship.
- Enjoy participating in physical activity both in and beyond school.
- Be equipped with the knowledge, skills and confidence to continue leading healthy, active lives throughout secondary school and beyond.